

Monthly COBRA payments

COBRA premiums are due the first day of the month but there is a 30 day payment grace period. Payments must be received or post-marked by the last day of the month in which they are due to avoid any lapses of coverage.

We accept checks or money orders for monthly COBRA payments. Checks should be made payable to "Sentinel Group" and include your name or member ID in the memo line. Please include your payment coupon if you have it. Premium payments should be mailed to:

Sentinel Group
PO Box 2416
Omaha, NE 68103

Payments can also be made online with a credit card through your online portal. Access your online account here: <https://cobrapoint.benaissance.com/>
