

HSA Savings Planning Tools

WE'RE HERE TO HELP.

A Health Savings Account, or HSA, is a savings vehicle that offers a tax-advantaged way to pay for current or future healthcare expenses. HSA's can be used to pay for **eligible medical expenses** as well as deductibles, co-insurance, prescriptions, vision expenses, and dental care.

Unused funds can rollover from year to year so there is no "use it or lose it" rule which can provide additional savings for future medical expenses.

It can be overwhelming to know what the right contribution amount is for you and to plan. We have a convenient Planner linked right in your Online account. **Log in** and use the Planner to see if you are on track with your savings.

WANT TO TALK TO A FINANCIAL PROFESSIONAL?

We can help with that too. Click the tile the home page of your online account to schedule a meeting for a free consultation with a licensed Financial Planner.

A promotional banner with a blue background. On the right side, there is a close-up image of a silver stethoscope. The text on the left is white and reads: "Financial Planning Consultation" in a large, bold font, followed by "Your Sentinel HSA allows you to schedule a free consultation with a financial planner!" in a smaller font. At the bottom left, there is a white rounded rectangular button with the text "SCHEDULE A MEETING" in blue capital letters.

Financial Planning Consultation

Your Sentinel HSA allows you to schedule a free consultation with a financial planner!

SCHEDULE A MEETING

Note, this option will not be available if your plan does not offer a Financial Planner.

Whether you are guiding yourself or consulting with a Financial Planner, you can learn the benefits of your HSA, how much to contribute each year, and your potential for additional savings over time. **Log In** now to get started.

Still have questions? [Contact Us](#)