

My Financial Journey

Feeling confident about your finances can make everyday decisions easier—and help you plan for what matters most. My Financial Journey provides you with guided one-on-one support, practical education, and easy to use tools designed to support you at every step. Whether you're:

- Managing debt
- Building a budget or savings plan
- Making the most of your benefits
- Staying on track for retirement

My Financial Journey is designed to help you connect the dots between your workplace benefits and your personal financial goals. Connect one on one with a financial professional for individual counseling, join a group education session to learn from experts, or learn at your own pace with digital tools.

Explore all the tools available to guide you on your journey. Log in to your retirement account and visit the 'My Financial Journey' drop-down menu or watch this short video to learn more: